

Dying with Dignity Declaration (Living Will)

To my family, my friends, and my medical attendants:

In preparation of a time when I might face an incurable illness and death is near, I declare that my wishes are as follows:

This declaration is made by me at a time when I am of sound mind. Therefore, this is effective and in full force unless I revoke or withdraw this declaration in writing while I am mentally sound.

1. I request that medical technology should not be used to artificially prolong my life if modern medicine concludes that my disease is an irreversible or incurable one and my life is certified to be terminal.
2. I request, however, that effective pain reduction should be fully achieved by any method, such as from the use of narcotics, etc., even though such treatment may shorten my life.
3. I request that all life-sustaining procedures be withdrawn if I lie for several months in a condition known as a "persistent vegetative state."

I express my heartfelt thanks to all those concerned who will faithfully realize my requests. I further declare that I hereby absolve these people from any civil liability arising from actions taken in response to and in fulfillment of the terms of this declaration.

Signature : _____

Full Name : _____

Address : _____

Date : _____

I certify that this is the identical declaration entrusted to our society.

Chairman of the Board of Directors, Japan Society for Dying with Dignity

Signature : _____

Full Name : _____

Date : _____